APPROVED® FOOD CHANGES

The COVID-19 pandemic has put a strain on the grocery industry causing a limited availability of WIC products on the shelf.

To reduce the impact of limited availability, Delaware WIC is temporarily expanding allowable products in the following categories:



due to Coronavirus (COVID-19)



Breakfast Cereal

Same brands. now allowable in any package size, up to 36oz.



Juice

Mixed 100% fruit juice are now available.



Yogurt

Greek yogurt has been added in 32oz containers. Plain and Vanilla. Brands include: Oikos® (Dannon®), Lucerne®, Chobani®, Cabot®, and Stonyfield®.



Eggs

Large Egg Lands Best® eggs are now allowable.



Legumes and Peanut Butter

Organic legumes (Nature's Best®) and peanut butter now allowable.



Baby Foods

Organic fruit, and organic) vegetable baby food is now Allowable (Gerber® and Beech-Nut®.



Milk

You can purchase 2% or less fat percentage. Organic Horizon® Milk is also allowable.



Cheese

American, Mozzarella, and Cheddar sliced cheese, block cheese, shredded, and individually wrapped cheese in any size. 8oz 16oz



Whole Grains

You may purchase loaves of bread up to 24oz. Additions of 16oz brown rice (Uncle Bens®), whole wheat pasta (Ronzoni®, Barilla®), and corn tortillas (Mission®) are now

allowable.

